

# Book Signing



Darren Littlejohn

Author of

*The 12-Step  
Buddhist*



Friday, August 13th

7:00 pm

*Che Cosa*

90 Macomb Place

Mount Clemens, MI 48043

Darren Littlejohn was born in the Midwest and grew up in California. He dropped out of school in the eighth grade in order to "pursue drugs and alcohol as a full-time endeavor." At 16, he passed his high school proficiency exam, and after a long, rough road to sobriety went on to earn an AA in Behavior Science from San Jose City College, a BA in Psychology from California State University, Long Beach, and completed all coursework but the final theses for the MA Pre-Doctoral Research Program, also at the Long Beach campus of California State University, in 1994.

In his personal journey, he studied Zen and Tibetan Buddhism, later integrating all of his life experience, beliefs, credentials and true passion into his work. Already practicing what he preaches, he is a dedicated, enthusiastic promoter and speaker who is eager to see others helped out of their pits of despair and self-destruction.

## 12-Step Buddhist Workshop with Darren Littlejohn

Saturday, August 14th - 12:00 pm to 3:00 pm

SHAR Macomb, 6902 Chicago Rd., Warren, 48092

Tickets:

\$10 each or \$25 each and includes copy of the book

Order tickets at: [www.careofmacomb.com/events.php](http://www.careofmacomb.com/events.php)

